

Overview of Events

MyTime

Online peer groups are where you can share your experiences, learn, and connect with other families on a similar journey. These groups provide a safe, supportive space where you can engage as much or as little as you like, choosing the topics and sessions that fit your needs.

Connect & Chat

No agenda and no pressure—just a space to ask questions, get support, and connect with other parents and caregivers.

Topic-Based Sessions

Discuss a specific topic and hear from occasional guest speakers, including experienced parents and professionals.

Medical MyTime

A peer group for families who are navigating the health and medical systems with a child with disability, developmental delay or autism, featuring both topic-based and Connect & Chat sessions. Held fortnightly on Wednesdays during the day.



Contribution Share as much or as little as you like. We ask that you have your camera on at the start of the session so that we know we are talking to a real person.



Ask Questions Yes! Get feedback and advice from other parents and guest speakers.



Recordings & Replays Peer groups are a safe space; due to the privacy of attendees these sessions are not recorded.

Lunch & Learn

Webinar series featuring guest speakers from services and organisations. Convenient bite-sized learning sessions providing you with the latest information to confidently navigate systems and services and find the right supports for your child and family. Held fortnightly during lunchtime



Contribution As a webinar, there is no expectation to engage or have your camera on.



Ask Questions Opportunity to ask questions via the zoom Q&A box.



Recordings & Replays Yes! Everyone who registers for the event will be sent a link to the recording.

Interactive Workshops

Facilitated online workshops to deepen your knowledge and increase your confidence on key topics. They are interactive, providing opportunities for participation through activities, group discussions, and polls to bring to life the session content. You'll leave the workshop with practical information and tools you can apply straightaway to support your child and family.



Contribution Strongly encouraged! Participate and share your experiences verbally, via the chat and in polls. We ask that you keep your camera on if possible.



Ask Questions You can ask questions, both big and small, related to the content.



Recordings & Replays As interactive sessions where attendees share their experiences, for privacy reasons, they will not be recorded.

Find out more about our latest events

 [kindred.org.au](https://www.kindred.org.au)