



Kindred Impact Report : 2022

Who We Are

Kindred is an inspiring community made by families, for families with children with a developmental delay or disability and medical needs.

We empower parents and caregivers to build their knowledge and confidence. And believe *when families thrive, children thrive.*



How We Support Families

● Create Meaningful Connections

We know that connecting with like-minded parents and caregivers can change everything. We provide opportunities for families to come together for support and to share and learn from each other.

- MyTime peer groups and topic-based events
- Online moderated community group

● Build Capacity

Our programs and resources are based on best practice, evidence-based approaches. We believe in empowering families, so they are equipped to navigate systems and have the skills needed for self-advocacy.

- Interactive workshops, webinars and panel events
- Resources, tip sheets and guides
- Individual peer support service

● Develop a Positive Outlook

We believe in the power of sharing stories of success and positive role models, so that parents and caregivers feel hopeful and positive about their future and their child's future.

- Good Life stories from people with disability
- The Good Life events with parents and family members
- Sharing stories from parents



Our Year in Numbers

91

Panels, Webinars, Peer
Groups & Workshops

64

People Contributed
or Volunteered

2,121

People Attended
our Events

2,285

Subscribed to our
Newsletter

54

Published Resources,
Tips & Stories

4,634

Social Media
Followers

59,000+

Resources, Tips &
Stories Reach

729

Members in Kindred
Community FB Group

178

Professionals Kindred
Presented To

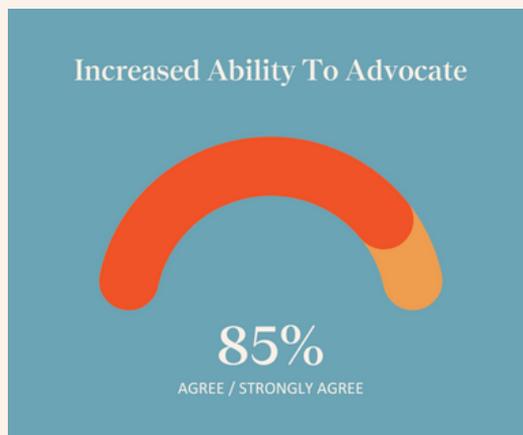
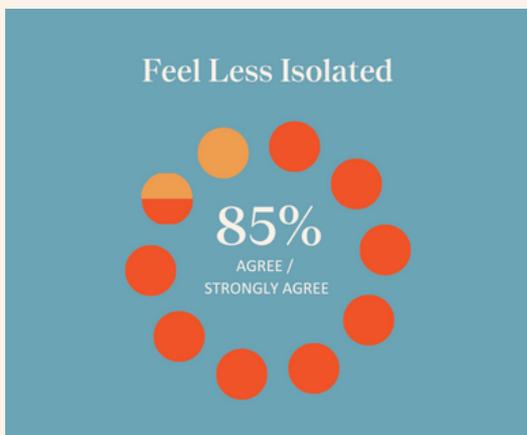
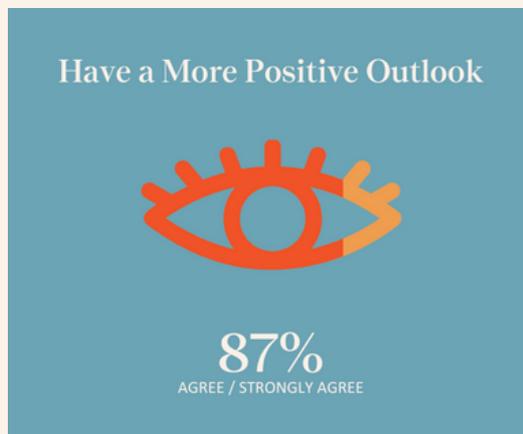
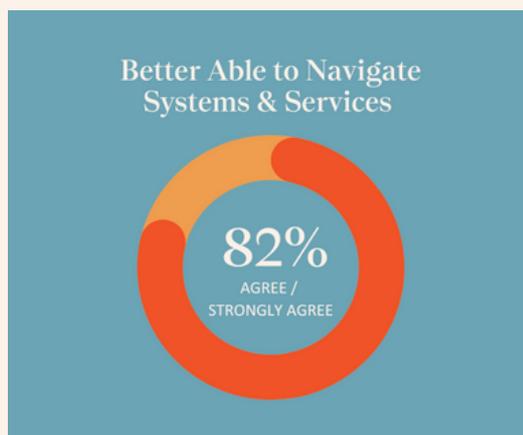
148,000+

People Reached Through
Social Media

Our Impact

Whilst we are incredibly proud of how much we have accomplished as an organisation in 2022. We are even prouder of the impact of this work, that was reported by families in a survey earlier this year.

Feedback from Kindred Families



A Word From Our Families

Kindred has provided invaluable support and assistance during some of the most challenging times of our lives and helped us be better parents to all our children, not just our little one with a disability.

Kindred has been a safe space for me and a community of support. I have learnt so much from their programs and had a shift in attitude which has really helped me be a better mum, carer and advocate for my daughter.

I really love Kindred. All the parents and carers in the Community are always so uplifting and supportive. Their generosity in sharing their experience and wisdom is greatly appreciated. You never feel like you're alone on your child's disability journey. There are always people ready and willing to support you in your hardest times and celebrate your milestones. I'm truly grateful to be a part of the Kindred community.



Achievements

Strategic Plan

We proudly launched our three-year [strategic plan](#) focusing on deepening our impact with families of young children with disability. Supported by Social Ventures Australia, we consulted over one hundred families, professionals, academics and service providers in developing the strategy.

The Good Life

We launched [The Good Life](#) social media series exploring what a Good Life means for people with disability. People from all walks of life, living rich, full and meaningful lives on their own terms. These stories amplify the voices of people with disability and offer families feelings of hope and possibility for their child's future.

Name Change

In response to family feedback, we changed our name from Reframing Disability to Kindred and rebranded. Our new name and brand reflect our focus on our community which supports families of young children.

Theory of Change

We established a [Theory of Change](#) that articulates the impact and outcomes we aim to achieve. These outcomes guide our organisational and program development decision-making as we seek to support families in three key areas: creating meaningful connections, developing a positive outlook for the future and building families' capacity.

Funding

Our project funding from the Department of Social Services was extended to June 2024, allowing us to continue developing and delivering our key educational programs and resources. As well as deepening our impact with families in regional, rural and remote communities.

Transformed Peer Groups

We were awarded funding from Playgroups NSW to continue delivering online [MyTime peer groups](#). The group format was refreshed based on family feedback and now includes a daytime and evening group with topic-based discussions.



With Thanks

Funding Partners

We extend our appreciation to our funding partners the Department of Social Services, Playgroups NSW and Tresillian (MyTime).

Contributors

We recognise the families and people with disability who have shared their lived experiences. Who we have learnt from and who have contributed to developing our strategy, programs and resources.

Professionals

We thank the organisations, allied health practitioners and health professionals we have worked with for your support, advice and partnership.

Board & Team

The passionate and dedicated board of directors and Kindred team - our achievements are a testament to their ongoing passion and commitment.

Families

Whilst we exist to support families. We acknowledge that none of what we've been able to achieve this year would be possible without the parents and caregivers in the Kindred Community.

We'd like to extend our heartfelt thanks to these families for sharing their wisdom, insight, and experience. And for making our community a safe, supportive and informative space.





Are you able to help us make
a greater impact in 2023?

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 www.kindred.org.au

